

# Lesson 5

## Theme: Remembering

### Learning Objectives:

By the end of this lesson, your child should be able to:

- Recognize the Eucharist as a meal of remembering
- Identify the consecration as the time in the Mass when the bread and wine become the Body and Blood of Christ
- Relate their understanding of why the Eucharist is the meal of sacrifice

### Key Words

1. Last Supper
2. Sacrifice
3. Consecration
4. Memorial Acclamation

- **Looking Ahead:** PARENT ED #6 – April 8, 2015
- If your child has to miss Mass, please fill out backside of questionnaire and turn in.

### ***PARENTS: Keep in Mind***

At the core of our Catholic Faith is the Paschal Mystery: the life, death, Resurrection and Ascension of Jesus. It is God's gift of love to us ~ giving His son, Jesus, to us to teach us/love us/die for us on a cross, rising Him to new life thus giving us a share in that new life = Praise the Lord! Remembering this gift of Jesus by making sacrifices for others is very important for children. Help them find their capacity to give by giving. Be willing to show up and recall God's gift by participating, as a family, at Mass.

#### ***LIVING OUR LIVES AS A SACRIFICE OF PRAISE***

The Eucharist is a sign of Jesus's love and continued presence in our lives. We respond to this gift by making His love present in our words and deed ~caring and having compassion for those that are suffering, by practicing forgiveness, and reconciliation.

#### ***CREATING MEMORIES***

1. When preparing to receive the Eucharist, we give thanks and offer praise to the Father through Christ in the Holy Spirit for all his works in creation, for our Salvation, for making us shares in Christ's death and Resurrection.
2. Collectively, we (the Church) asks the Father to send the Holy Spirit upon the gifts, so that by his power, the bread and wine may become the Body and Blood of Christ, and that all who share in this sacrifice may be gathered into the one Body of Christ.
3. As the Body of Christ, we are sent forth to love and serve the Lord and one another.

### **Preparatory Thoughts:**

- In what ways does your life reflect what you do "in remembrance" of Jesus?
- What words of the Eucharist Prayers inspire you or touch you most deeply?

### **Daily Prayer:**

*Jesus, in remembering your sacrifice on the Cross, I claim the new life given to you and to all your followers by God, our Father. AMEN*



# PARENT & CHILD LESSON 5

Next week, on March 18<sup>th</sup> ~ We will have Reconciliation services for youth during faith formation classes. For most, this will be their 2<sup>nd</sup> time at Confession – please spend your evening prayer time emphasizing the ACT of CONTRITION (pg. 170 & 171). Thank you!

## Day One: Family Memories

Talk about your happy family memories with your child. Talk about the people in your life that make you (made you) happy.

- Read the story & discuss the questions in the gold box.
  - ✓ Practice the Sign of the Cross and Act of Contrition.
  - ✓ This week, before bed, each share your happiest memory from the day & discuss how God's love made that experience possible.

## Day Two: Remembering

Before reading the bible story with your child:

- Briefly discuss with your child how people in the time of Jesus remembered events (no cameras, computers) = they talked often about the events, so the details stayed fresh.
- Explain to them that on the day before Jesus died, he and his followers shared a special meal. At which, they remembered something wonderful God had done for them. Have them listen closely to the story to hear what that was (answer: God saved the Jewish people from slavery and gave them new life.)

After done, discuss this questions & those in LETS TALK box:

- Why was the Last Supper called, “a meal of remembrance”?
- ✓ Practice the Sign of the Cross and Act of Contrition.
- ✓ As a family, say Grace before meal. **Bless us our Lord, in these thy gifts which we are about to receive from your bounty through Christ our Lord. AMEN**

## Day Three: A Sacrifice of Praise

- After reading these pages, discuss the meaning of the key words in bold.
- Complete Activity
  - ✓ Practice blessing each of by making the sign of the Cross on each other's foreheads.
  - ✓ This weekend, plan to give something up that you love for a DAY this week, as a sacrifice to God for his love. (ex: TV, electronics, eat simply)

## Day Four: Unselfish Love

- Read Catholic Practices & Complete activities in workbook & attached worksheet. (WS ANSWER: Save us, Savior of the world, for by your Cross and Resurrection you have set us free.)
  - ✓ Practice the prayer you are in need of most help.

## Day Five: Wrap Up

- Home & Family activities are optional, but recommended.
  - ✓ Please review the Examination of Conscience with your child (pg.169)
  - ✓ Please go through Steps of Confession with your child (pg. 163)

