

EUCCHARIST: Homestudy Guidelines

Parent Ed Dates: Sacramental Preparation

It is strongly suggested that you attend our bi-monthly parent education nights, as supplemental materials and discussions will be provided to help facilitate your teaching the lessons at home to your child.

FEB 17	Lesson 1: Belonging
FEB 24	Lesson 2: Gathering
MAR 2	Lesson 3: Listening
MAR 16	Lesson 4: Giving Thanks and Praise
APR 6	Lesson 5: Remembering
APR 20	Lesson 6: Sharing a Holy Meal
APR 27	Lesson 7: Serving Others
— — — <i>after sacrament</i> — — —	
MAY	Lesson 8: Living Eucharist

Important Dates:

- **MAY 7 = Sacramental Prep retreat (5pm/Mass - 8:30pm)**
- **MAY 14 = First Holy Communion (English/11am)**
- **MAY 21 = Primera Comuni3n (Spanish/11am)**

Prayers to Memorize

It is very important that you work with your child on memorizing (and if memorized, praying) these prayers together at home.

- Glory Be, Our Father, Hail Mary, and Act of Contrition
- Conversational prayers, requests, blessings, and 'giving thanks' prayers are equally important. FIVE FINGER PRAYER handouts are always available to help you.

In addition to prayer memorization, your child will need to complete workbook, pass sacramental interview, and attend the May 7th retreat to be considered ready for their First Holy Communion.

Interview Questions: Eucharist

Please discuss these questions with your child prior to this interview.

Please make the Sign of the Cross.

Who are the three persons of one God? *The Father, Son, and Holy Spirit*

Who is Jesus? *Son of God....truly God - truly Human, friend, guide, brother, savior*

What is greatest Commandment? *Love God with all your heart and love each other as yourself.*

How long must we fast prior to receiving Holy Communion? *1 hour (except for water or medicine) WHY? So our stomach is empty and ready for our Lord.*

What do we say as the priest calls us to the ‘Supper of the Lamb’? *Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.*

What do we do prior to receiving Holy Communion? *Bow*

Upon giving you Holy Communion, the Eucharistic Minister says, “The Body of Christ” to which we respond by saying? *Amen (which means “I believe”)*

What should we do upon reception of Eucharist? *Spend time in prayer with Jesus, thanking Him, expressing our love for Him, and expressing needs and concerns we would like to share with Him. If the congregation is singing, they should join in.*

Understand the importance of meeting our Sunday obligation? *Attending Mass to hear God’s Word, to offer Jesus and ourselves to the Heavenly Father, and to receive Jesus in Holy Communion.*

Describe specific ways that we show our love for God and thank Jesus for sharing His life with us? *Trying to live like Him, even when it is difficult to do. Spread God’s love to others with our actions and words.*

DRESS CODE FOR MASS

Boys:

- Suit with a white (or light) colored shirt
- /OR/
- dress pants (NO jeans) & dress shirt (white or light)
- -dress shoes (NO sneakers)

Girls:

- Sleeved, white dress with the hem at or below the knee
- Dress shoes
- Veils may be worn in hair, but cannot cover face.
- IF your child chooses to wear gloves, they will need to be removed prior to receiving Communion or they must receive in mouth.

If you have any concerns about what to wear or if you have a special outfit that does not match the dress code, please talk to Shelly. *These restrictions are made in an attempt to ensure modesty, out of respect for the Sacrament's holiness.*

BANNERS

Each family is expected to create a First Communion Banner for your child that will be displayed throughout the month of May. If you need help purchasing supplies for your child's banner, please ask Shelly. Examples will be made available for you to look at. There are several 'kits' for purchase online. Search FIRST COMMUNION BANNERS for a range of kit options (approx. \$15).

- **Due: May 4**